## PickYourOwn.org

Where you can find a pick-your-own farm near you!

Click on the printer icon that looks like this: (at the top left, to the right of "save a copy") to print! See <u>www.pickyourown.org/alllaboutcanning.htm</u> for many other canning directions and recipes

## pH of Soups

Click here for a PDF print version

The pH and/or acidity of a many soups, homemade or commercial is presented below. The term "pH" is a measure of acidity; the lower its value, the more acid the food. The equipment used for determining pH was generally pH meters.

**In using this table,** bear in mind that considerable variation exists between brands, varieties, recipes, formulations and processing methods, etc. Where the research found a range of values due to variability in the samples, the range is provided. Where a single consistent value was determined, that value is provided.

## If you would like to pH for other food categories, see these links:

- 10 M

- pH of fresh fruits, acidic and low acid
- pH of Vegetables
- pH of meats, beef, chicken, fish, pork
- <u>ph of eggs, dairy</u>
- pH of some processed foods

This is a pH meter I have used for liquid food testing.

(note, As an Amazon Associate I earn from qualifying purchases.)

## pH of Soups, etc.

Item	Approximate pH	Lower range	Upper range
Broccoli Cheese Soup, condensed	5.60		
Chicken Broth	5.80		
Chopped Vegetable Soup	5.00	4.98	5.02
Corn Soup, condensed	6.80		
Cream of Asparagus Soup	6.10		
Cream of Celery Soup, condensed	6.20		
Cream of Coconut Soup	5.69	5.51	5.87
Cream of Mushroom Soup	6.18	5.95	6.40
Cream of Mushroom Soup, condensed	6.10	6.00	6.20
Cream of Pea Soup, canned	5.70		
Cream of Potato soup	6.00		
Cream of Potato Soup, condensed	5.80		
Cream of shrimp Soup, condensed	5.80		
Cream of Tomato Soup	4.62		
Cream style corn soup, condensed	5.75	5.70	5.80
Lentil Soup	5.80		
Lobster bisque	6.90	6.90	6.90
Lobster Soup	5.70		
Minestrone Soup, condensed	5.40		
New England Clam Chowder Soup, condensed	6.00		
Oyster Stew, condensed	6.30		
Peanut Soup	7.50		
Potato Soup	5.90		
Strained Vegetable Soup	5.00	4.99	5.00
Tomato Rice Soup, condensed	5.50		
Tomato Soup, Cream of, canned	4.62		
Vegetable Soup, canned	5.16		

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