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How to Make an easy and GREAT SEEDLESS blackberry* pie!

*This also works great with similar berries, like Marionberries, Tayberries, Loganberries, Boysenberries, Ollalieberries, even Salmonberries

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Want to make the best seedless blackberry pie you've ever had, with a crumbly topping and a sweet deep blackberry flavor, and don't want to spend all day in the kitchen combing the Internet or studying overly complicated recipes? This pie is so easy and has stood the test of time; read the comments near the bottom of the page. What makes it different from other blackberry pies is: it's mostly blackberries, not crust or sugar; and the combination of spices is superb! And it doesn't matter if you're not a chef or have never made a pie before! Following these illustrated directions ANYONE can cook a perfect blackberry pie!

Ingredients and Equipment

(per 9 inch deep dish pie)

- **10 cups of Blackberries** fresh or frozen (without syrup) (3 cups if you like a thin pie, 4 cups if you like it a little higher!)
- **7 Tablespoons corn starch** (for those of you in the British Isles, you know it as "corn flour"). You may also use an equivalent amount of flaked tapioca instead the tapioca balls don't dissolve well.
- 3 Tablespoons water (or grape juice)
- 2 Tablespoons lemon juice
- One 9 inch pie crust (see this page for the world's easiest flour pie crust recipe and directions!) OR.. if you are like me, you'll DEFINITELY prefer a graham cracker pie crust (again, in England, this would be made from "Digestive" biscuits!) if you haven't tried the graham cracker crust I highly recommend it.
- Spices:

1/2 teaspoon Cinnamon 1/4 teaspoon allspice

- Foley food mill, strainer, Villaware or Roma or other mechnical strainer, or a juicer
- One 9 inch deep-dish Pie Plate (grocery stores sell both disposable pie pans and glass pans. Get the deep type!
 - Sweetener:
 - 2/3 cup granulated (ordinary table) Sugar
 - OR
 - 1/3 cup sugar and 1/3 cup Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) or Splenda, if you prefer, (Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) or Splenda, if you prefer, works in pie recipes, but not by itself. The pie turns out heavy and with much less flavor).

And now, choose the topping you prefer:

- <u>Crumb topping</u> (my preference, again):
 - 1/4 cup sugar (OR 1/8 cup sugar and 1/8 cup Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) - or Splenda, if you prefer,)
 - 1/2 cup flour
 - 1/4 cup butter or margarine
- Dough topping:

See the pie crust recipe and double it to make extra to roll out as a topping to cover the pie.

Step 1 - Make the pie crust

Never made a crust, either? Fear not, they are really simple. <u>Click here for instructions about making a flour pie</u> <u>crust</u>. It will open in a new window, so just close the new window to return here. I prefer blackberry pie in a <u>graham</u> <u>cracker crust</u>; click on the link for directions. Now is also a good time to

get the oven preheating to 375 F.

Step 2- Wash the blackberries

Just rinse them in a colander or sieve in cold water, no soap.

Pick out and remove any bits of stems, leaves and soft or mushy berries. It is easiest to do this in a large bowl of water and gently run your hands through the berries as they float. With your fingers slightly apart, you will easily feel any soft or mushy berries get caught in your fingers.

Step 3 - Mix the dry filling ingredients.



Combine the 2/3 cup sugar (or sugar/Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) - or Splenda, if you prefer, blend), 7 Tablespoons of corn starch in a bowl and mix well! Some people like 1/2 teaspoon of cinnamon and/or 1/4 teaspoon of allspice, mixed in, also. That's optional, but it is nice!





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Step 4 - Mix the liquids

Add the 2 Tablespoons of lemon juice, and 3 Tablespoons of water (or grape juice) and stir it up. If you use Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) - or Splenda, if you prefer, , it will be pretty gloppy, rather than drier crumbs, but it still works the same!



Step 5a - Deseed the blackberries (optional)

I prefer seedless blackberry jams and jellies. The easiest way to do this is to use a food mill; either a Foley food mill (a manual hand crank device,) or a Villaware (manual or motorized) or a Roma mill. I find the seeds separate more easily if I heat the blackberries up until almost boiling, in a pan with about 1 cup of added apple juice.







As you can see below, it is really effective at removing just the seeds. This is a mass of seeds with little pulp:



Here's how the Foley food mill (at right) works. They cost about \$30.

It works well for blackberries, not so well for raspberries, and no one tries to remove strawberry seeds (they're so small). I suppose you could train monkeys to pick them out, but they'd probably form a trade labor union. But I digress.

Step 5b - Mush the berries - if you did not deseed them

If you decided not to remove the seeds, then you just mush the blackberries up a bit - not completely crushed, but mostly. Most people seem to like large chunks of fruit but crushing them releases the natural pectin so it can thicken. You'll need about 6 cups, mushed up.





Step 6 - Add the blackberry puree and liquids to the pie crust

Add the blackberries to the pie crust. Just pour them in! There's lots of air space and it will cook down, so don't worry if they mound up about an inch (2.5 cm) above the edge of the plate.

Step 7 - Pour the liquid mix into the pie

Just pour the mixture of sugar, juice, etc. into the pie all over the blackberries. If it is a gloppy liquid, don't worry, just pour it somewhat evenly over the top. But it doesn't take perfection; it will smooth itself out in the oven.



Step 8 - Make and add your topping

If you want the crumb topping, just mix

- 1/4 cup sugar (OR 1/8 cup sugar and 1/8 cup Stevia (ii it is in a prepared form like Truvia, it measures same as sugar; if you use another form, you'll need do your own conversion) - or Splenda, if you prefer,)

- 1/2 cup flour
- 1/4 cup butter or margarine

together in a small bowl and sprinkle it over the pie.

If you want to the dough topping instead, roll out a circular section of dough that you made in step 1, to 1/8 inch thick, then place it over the pie. Seal it against the edges with the pie crust, and make decorative slits with a knife.

Step 9 - Put the pie in the oven!

Cook the pie at 375 F (or 190 Celsius) for 1 hour.



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Step 10 - Remove when the pie is golden and pie is bubbling

Check to see if it is bubbling and crust is golden brown. If if not, check every 3 or 4 minutes until it is.



Step 11 - Enjoy!

Set the pie on a rack to cool and enjoy! Here is a slice of the finished pie! Serve warm with ice cream. Refrigerate after it is cooled. It easily lasts a week in the fridge (that is, if there is no one there to eat it. Most of the time, people eat it all within a day!)

Tips

• If you use frozen berries, it helps to sprinkle 3 tablespoons of corn starch in pie crust/pan just before you add the blackberries! That helps to suck up any additional liquid, so the pie won't be runny.

Making a Blackberry pie for Passover:
Comments from a visitor on March 24, 2012: "I'm going to bake it for this year's big Passover feast on April 6 (2012). Because of Passover's restrictions against using wheat and corn, I can't use either flour or cornstarch or graham crackers.
I'll use potato starch instead of corn starch, and will use Passover matzoh cake meal (very, very, finely ground matzoh) instead of flour. For the crust, I'm going to try using Passover macaroons. Maybe coconut macaroons smashed up and then mixed with coconut oil instead of butter. (Passover has no restriction against using butter, but I've been substituting coconut oil instead of butter in all my daily



cooking year round, just for nutritional health reasons.) I'm thinking it will be delicious. Here's hoping. -Carolyn"