

*Recipes & Instructions
for
Homemade
Ice Cream
and other frozen desserts*



Made in your new RCW freezer.

Thank you for buying this RCW Yum-Yum Machine. RCW freezers are the nation's most popular because they make the freezin' fun!

Whether you've just purchased an "old fashioned" hand cranked model, or an effortless electric model, the results will be the same . . . delicious homemade ice cream of unequalled texture and flavor.

This booklet tells you how to operate your RCW freezer and also gives you some delicious tried and proven recipes. So get ready for a treat, . . . from basic vanilla to whatever your imagination can create, with an RCW "Yum-Yum" machine, making it is half the fun.

PLEASE, PLEASE, READ THIS BOOKLET THOROUGHLY BEFORE STARTING TO MAKE ICE CREAM.

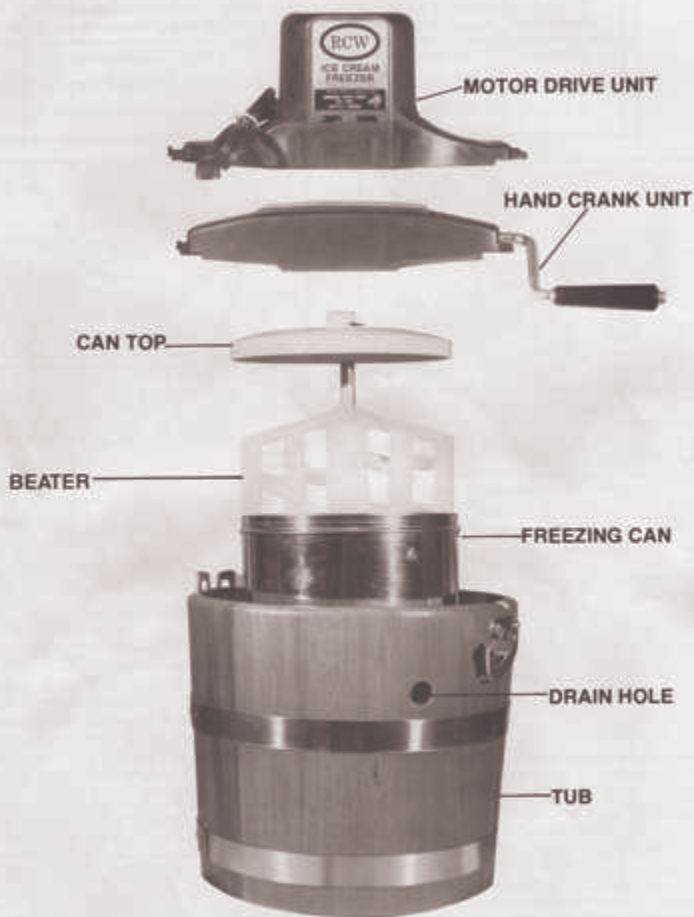
IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed including the following:

1. Read all instructions.
2. To protect against risk of electrical shock do not put electric motor in water or other liquid.
3. Close supervision is necessary when any appliance is used by or near children.
4. Unplug from outlet when not in use, before putting on or taking off parts, and before cleaning.
5. Avoid contacting moving parts.
6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions, or is dropped or damaged in any manner. Return appliance to Freezer Parts Supply, P.O. Box 3388, Danville, Va. 24543, for examination, repair or adjustment.
7. The use of attachments not recommended or sold by the appliance manufacturer may cause fire, electric shock or injury.
8. Do not use outdoors.
9. Do not let cord hang over edge of table or counter or touch hot surfaces.

SAVE THESE INSTRUCTIONS

Your ice cream freezer and its parts.



CARE OF FREEZER WHEN NOT IN USE.

After using your freezer, wash and dry can, can top and beater thoroughly. Be sure can is dry before replacing can top. Do not put plastic parts in dishwasher. Wipe motor or crank and pail with a dry cloth after each use. Do not immerse electric motor in water. Store freezer in a cool dry place. Take care of your freezer and it will give you many years of trouble-free service.

HOW TO OPERATE YOUR FREEZER

Read all instructions before starting to make ice cream.

To make and pack up to 4 quarts of cream, you will need about 15 pounds of crushed ice and either 4 cups of table salt or 6 cups of rock salt.

ICE AND SALT (ROCK OR TABLESALT) NEEDED FOR MAKING, HARDENING AND RIPENING ICE CREAM

Size of Freezer	Ice for Making Ice Cream	Ice for Hardening and Ripening Ice Cream	Rock Salt For Making Ice Cream	Rock Salt for Hardening and Ripening Ice Cream	Tablesalt for Making Ice Cream	Tablesalt for Hardening and Ripening Ice Cream
4 qts.	15 lbs. crushed ice	5 lbs. crushed ice	3 cups	3 cups	2 cups	2 cups
5 qts.	10 lbs. crushed ice	5 lbs. crushed ice	2½ cups	2½ cups	1½ cups	1½ cups
6 qts.	20 lbs. crushed ice	5 lbs. crushed ice	3½ cups	3½ cups	2½ cups	2½ cups



1. Wash the beater, top and cream can well before using. Let the parts cool before using, as you will get much faster freezing of your cream if parts are cold.

NOTE: For proper care of the cream can, please allow the can to completely dry before storing, and then wipe it thoroughly with cooking oil or mineral oil. After storage, always wash the cream can thoroughly before using.



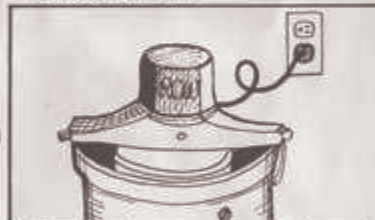
2. Put beater in can, making sure it is set well in bottom of can. Pour in mixture to be frozen, made from your favorite recipe or one of the delicious recipes shown in this booklet. The mixture should be cool before pouring in can for faster, more even freezing. Fill the can only two-thirds full (up to fill line stamped on can) to allow for expansion!



3. Put top on can and place can in tub, making sure that can is centered on can rest in bottom of tub.



4. Attach motor (cranking mechanism if hand operated) making sure beater is still set properly in can and can is still on bottom rest in tub. Latch down well by pushing thumb lock over prong on frame.



5. Plug motor in on electric model before packing ice and salt. (Step 6). The can will begin to turn steadily to the right. On hand operated model, you start cranking as soon as tub is packed. Turn crank steadily to the right (avoid turning left), not too fast.

NOTE: The beater is not made to turn. It stays still, and the can turns around it.



6. Packing Ice and Salt—Use either crushed ice cubes or crushed store-bought ice. (The finer the ice is crushed, the better it is, as the freezer is made to operate with crushed ice.

Also, finely crushed ice will melt more evenly and will, therefore, give you a smoother textured ice cream.)

A. In packing, put about three inches of ice in tub all around can, and sprinkle about 3 oz. of table salt, or 5 oz. of rock salt, evenly over ice (dry measure).

B. Continue adding ice and salt (in the above proportions) layer by layer, until tub is filled up to, but not over, top of can.

C. When tub is half full, (approx. 2 layers of ice and salt) pour one cup of cold water over the ice and salt mixture. This will help the ice to melt and settle, which will shorten freezing time, and will help keep ice from jamming and causing stops. After tub is filled, pour another cup of cold water over the ice and salt.

D. As the ice melts and settles, you will need to add more ice and salt to keep it up to, but not over, top of can.

E. Before the cream is finished, the ice will melt enough to cause water to flow from the drain hole. Never let this drain hole become stopped up with ice. (The cork supplied is not for this drain hole. It is for the can top, as described in step 9.)

CAUTION: Do not allow ice, salt, or water to get in air holes at base or top of motor housing, as this will cause the motor to rust.



7. **ELECTRIC**—The motor should run for 20-30 minutes or until the cream is the consistency of mush (See Hints for Making Better Ice Cream on Page 5). At no time while the motor is plugged in should this appliance be left unattended. The motor should be unplugged immediately after stalling or stopping. The motor has an automatic reset switch which should prevent motor damage when it stops. However, the motor should always be unplugged as soon as the motor stalls or stops.

NOTE: Freezer may become clogged with chunks of cracked ice, which can cause unit to stall before cream is made. If this happens, simply restart unit by turning can with hands.

HAND OPERATED—The freezing period should take about 20 minutes of steady cranking. After freezer turns reasonably hard, the cream is ready. At this point, continuing to turn is not necessary. (See step 9.)

8. After cream is ready, remove motor unit (cranking mechanism if hand operated.) Wipe all ice and salt from can top and then remove the top. Hold can down on bottom rest while taking out beater. The ice cream should be about the texture of mush. Scrape the cream from beater and pack down with long handled spoon. (If you wish to ripen or harden the ice cream further, see step 9.)

NOTE: If you have RCWS-5 quart freezer, the can is designed to fit into most refrigerator freezer compartments, and you may eliminate step 9 below if you wish, and harden the cream right in your refrigerator freezing compartment.



9. Ripening and Hardening Ice Cream—After the cream has been packed down, place the cork in can top and put can top back on freezer. Repack freezer (allowing water to remain in tub up to drain hole), with more ice and salt (approximately 3 oz. of table salt or 5 oz. of rock salt; to every two double handfuls of ice), until can and top are completely covered. Cover freezer with heavy towel or newspaper and set away in a cool place until time to serve. The cream will now freeze hard. If you want to hold the cream for more than an hour before using, add more ice and salt (in above proportions) to keep the can and top covered.

Hints For Making Better Ice Cream

Consistency of ice cream may vary from batch to batch. Several factors that affect the firmness or consistency of ice cream are: recipe used, outside temperatures, size of ice, temperature of salt water, and temperature of mixture before it is churned.

TOO SOFT

If after 20 minutes of steady cranking on hand operated model you feel no drag or tightening, or if motor on electric model continues to run freely after 30 minutes, then the salt water is not cold enough, therefore the cream is not hardening. You should now add another 3 oz. of table salt or 5 oz. rock salt. This will begin to reduce the salt water temperature and cause the cream to harden. As the ice melts, you may have to continue to add ice and salt as outlined in our instructions until the cream is the consistency of mush.

TOO GRAINY, ICY OR HARD

If cranking mechanism becomes too hard to turn in less than 20 minutes on hand operated model,

or if motor stalls in less than 20 minutes on electric model, resulting in coarse or an inconsistent texture of ice cream the salt water became too cold too fast. In this case, you used too much salt and the cream froze too fast on the edge of the can, and/or you failed to use crushed ice.

RECIPE HINTS

Preparing the ice cream mixture the day before makes smoother ice cream and increases the yield.

MAKING LESS THAN CAPACITY OF FREEZER

When making less ice cream than the capacity of the freezer, the motor probably will not stall or stop. Therefore, you will have to check the mixture periodically to see when it has reached the consistency of mush. Always unplug the motor before checking the mixture. The freezing time should be approximately 6-7 minutes per quart of ice cream.

RCW RECIPES

The following recipes should be increased or decreased proportionately if you want to make more or less than the recipe calls for.

EXAMPLE—To make 5 qts. from a 4 qt. recipe increase all ingredients by $\frac{1}{4}$ —To make 5 qts. from a 2 qt. recipe increase all ingredients by $\frac{1}{2}$ times.

For making 2 qts. from a 4 qt. recipe decrease all ingredients by $\frac{1}{2}$.

VANILLA CREAM (Basic Recipe)

2 cups milk $\frac{1}{2}$ teaspoon salt
1 cup sugar 4 cups of light or table cream
2 Tablespoons vanilla

Scald milk. Add the sugar and salt to the milk and stir until both are thoroughly dissolved. Add the cream. Stir in the vanilla. Cool. Turn into the freezer. Makes approx. 2 quarts.

LOW CALORIE VANILLA ICE CREAM

8 eggs $8\frac{1}{2}$ cups half and half
3 cups milk 3 Tablespoons plain gelatin
12 Saccharin tablets 4 Tablespoons vanilla
($\frac{1}{2}$ grain) or 4 Tablespoons $\frac{1}{2}$ Teaspoon salt
liquid sweetener

Make a custard of the eggs, milk and liquid sweetener. Soak the gelatin in a small amount of water, and add enough hot custard to dissolve the gelatin. Cool. Add cream, vanilla, salt and gelatin to custard. Strain and freeze. This will still be palatable and contain even fewer calories if all of the milk and half and half are replaced by non-fat milk. Makes approx. 4 quarts.

VANILLA ICE CREAM (Philadelphia)

No Cooking! 1 Tablespoon vanilla
1 quart thin cream $\frac{1}{2}$ cup sugar
(Half & Half) $\frac{1}{2}$ teaspoon salt
Thoroughly mix all ingredients, then freeze. Makes approx. 1 $\frac{1}{2}$ quarts.

COUNTRY STYLE VANILLA

4 eggs $2\frac{1}{2}$ cups sugar
Approx. 5 cups milk 4 cups whipping cream
2 Tablespoons vanilla $\frac{1}{2}$ Teaspoon salt

In a large mixing bowl beat eggs until foamy. Gradually add sugar; beat until thickened. Add cream, vanilla and salt and mix thoroughly. Pour into can. Add milk to fill line on can and stir well. Freeze as directed. Makes approx. 4 quarts.

VANILLA ICE CREAM (No Cooking)

4 eggs 2 cans condensed milk
1 cup sugar (Eagle Brand)
2 Tablespoons vanilla Dairy Milk
 $\frac{1}{2}$ pint whipping cream (approx. 1 $\frac{1}{2}$ quarts)
 $\frac{1}{2}$ teaspoon salt

Combine eggs, cream, sugar, salt and vanilla in bowl and mix thoroughly with mixer. Pour into can, add condensed milk and stir well. Add dairy milk to fill line on can and stir. Makes approx. 4 quarts.

BASIC VANILLA FROZEN YOGURT

20 oz. plain yogurt dash of salt
 $\frac{1}{2}$ cup sugar $\frac{1}{2}$ cup evaporated milk
1 envelope unflavored gelatin 2 teaspoons vanilla
softened in $\frac{1}{4}$ cup water

Scald evaporated milk over low heat stirring occasionally to avoid the "skin" formation over the top of the milk. Add sugar, salt and softened gelatin. Stir until thoroughly dissolved and mixture is completely smooth. Cool, add yogurt and vanilla. Mix well. Chill thoroughly in refrigerator for 2 hours or longer. Pour into can and freeze. Makes approx. 2 quarts.

CHOCOLATE ICE CREAM

1 cup sugar $1\frac{1}{2}$ teaspoons vanilla
5 cups evaporated milk $\frac{1}{2}$ teaspoon salt
2 squares chocolate

Scald the milk. Dissolve the sugar in two cups of scalded milk. Pour sugar and milk mixture slowly over melted chocolate, stir constantly to avoid dark specks. Add the remaining three cups of milk. Stir in the vanilla and salt. Freeze. Makes approx. 2 quarts.

PEPPERMINT CANDY ICE CREAM

Add 1 $\frac{1}{2}$ cups crushed peppermint stick candy to any vanilla cream recipe after it has frozen until it is mushy (about 15 minutes of freezing). Continue freezing as directed. Makes approx. 2 quarts.

COFFEE ICE CREAM

Combine $\frac{1}{2}$ cup powdered instant coffee with the sugar in the basic vanilla recipe. Prepare and freeze per recipe.

CHOCOLATE CHIP ICE CREAM

Grate or chop semi-sweet chocolate to make 1 $\frac{1}{2}$ cups. Add to vanilla ice cream recipe after it has frozen until it is mushy about 15 minutes. Continue freezing as directed. Makes approx. 2 quarts.

"PEACH-APRICOT DELIGHT"

2 large cans evaporated milk 3 cups sugar
1 small can apricot (12 oz.)
4 or 5 fresh soft peaches washed fine (or 1 large can peaches, drained and mashed)
Dairy milk to fill up to two thirds of cream can

Combine all ingredients and freeze according to regular freezing instructions. Makes approx. 4 quarts.

HAWAIIAN FREEZE

3 eggs
 $\frac{1}{2}$ cup sugar
1 cup light cream OR half and half
2 cups whipping cream
 $\frac{1}{2}$ cups orange juice
1 can (8 oz.) crushed pineapple in unsweetened juice
 $\frac{1}{4}$ cup toasted flaked coconut
2 teaspoons vanilla extract

Beat eggs and sugar in a small mixing bowl at high speed of mixer until thick and lemon-colored, about 5 minutes. Pour into 2 quart heavy saucepan. Stir in light cream. Cook over medium heat, stirring constantly until mixture coats a metal spoon. (Do not boil). Cool to lukewarm. Stir in whipping cream, orange juice, pineapple and juice, coconut and vanilla. Chill 1 hour. Freeze as directed. Makes approx. 2 quarts.

FROZEN CUSTARD

2 cups milk $\frac{1}{2}$ teaspoon salt
3 egg yolks 2 cups light or table cream
1 cup sugar 4 teaspoons vanilla

Scald milk in a double boiler. Beat egg yolks, sugar and salt. Pour scalded milk over beaten mixture. Return to double boiler and cook until it coats a spoon. Allow mixture to cool. Add the cream and vanilla and freeze. Makes approx. 2 quarts.

VANILLA ICE CREAM (Low Cholesterol)

2 cups skim milk
2 cups skim evaporated milk
1 envelope plain Knox gelatin
 $\frac{1}{2}$ cups sugar
 $1\frac{1}{2}$ teaspoon vanilla

Heat skim milk just to scalding, do not boil. Remove from heat, stir in gelatin and sugar. Stir until completely dissolved. Put in blender and whirl for 3-5 minutes. Add evaporated milk and whirl 2 minutes. Chill thoroughly in refrigerator for 2 or more hours. Stir in vanilla. Put mixture in can and freeze as directed. Makes approx. 2 quarts.

CHOCOLATE ICE CREAM (Low Cholesterol)

Add 5 tablespoons unsweetened cocoa and $\frac{1}{4}$ to $\frac{1}{2}$ teaspoon cinnamon to vanilla recipe.

ROCKY ROAD ICE CREAM (Low Cholesterol)

Prepare chocolate ice cream. After freezing add $\frac{1}{4}$ cup miniature marshmallows.

LEMON SHERBET

2 cups sugar 1 quart milk
juice of 6 lemons 1 quart light or table cream
juice of 2 oranges 4 eggs whites

Chill the lemon and orange juice and sugar in the freezer. Add the milk and cream. Fold in the stiffly beaten egg whites. Freeze. Makes approx. 3 quarts.

LIME SHERBET

$\frac{1}{2}$ cups sugar 4 cups light or table cream
 $\frac{1}{2}$ cups water 1 cup lime juice
 $\frac{1}{4}$ teaspoon salt 1 teaspoon vanilla

Boil the sugar and water together until it forms a thick syrup. Add the salt. Allow the mixture to cool. Add cream, lime juice and vanilla. Freeze. Makes approx. 3 quarts.

ORANGE ICE

4 cups water 2 cups sugar
grated rind of 2 oranges 2 cups orange juice
 $\frac{1}{4}$ cup lemon juice

Boil sugar and water 5 minutes. Add fruit juices and rind. Cool, strain and freeze. Makes approx. 2 quarts.

COFFEE PARFAIT

2 Tablespoons cornstarch 2 Tablespoons milk
 $\frac{1}{2}$ cup sugar 2 egg yolks
1 cup strong coffee $\frac{1}{2}$ teaspoon salt
1 $\frac{1}{2}$ cups heavy cream

Combine cornstarch, sugar and salt, stir in milk. Beat and add egg yolks and coffee. Stir and cook over low heat or in double boiler until mixture thickens. Chill. Then whip until stiff. Fold in cream. Freeze. Serve in parfait glasses—topped with whipped cream. Makes about 1 $\frac{1}{2}$ quarts. Serves 8-10.

FRUIT ICE CREAM

Vanilla recipes may be varied with the addition of either good ripe peaches, bananas, strawberries, or most any other fruits or flavors one may desire. (We suggest one cup of pre-sweetened fruit per quart of ice cream.)

USING RCW'S ICE CREAM BASE

For your convenience, RCW distributes an ice cream base which is packaged in 8 oz. pouches and makes 2 quarts of good home style ice cream when mixed with 2 pints of Half & Half. You simply add flavors or fresh fruit to your taste. Complete recipes and instructions are included on each package. This is available at many retail outlets.

USING HONEY

Honey may be substituted for sugar in most all recipes contained in this booklet. Experiment until you find the flavor you like best. Substitute $\frac{1}{2}$ cup of honey for every 1 cup of sugar and follow recipe instructions. When using honey, it takes a little longer for the cream to freeze. Therefore, you will need to use a slightly greater proportion of salt to ice to freeze the cream.

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We hope you enjoy your



ice cream freezer!

Richmond Cedar pioneered in the manufacture of home Ice Cream Freezers in 1868, and today's models are a fine product of experience and modern technology. You can be assured of years of dependable, care-free service.

It has been carefully finished for permanent "good looks". All workmanship, materials, and parts are of highest quality. If you do enjoy it as much as we believe you will, won't you tell your friends about it, and where you bought it? Your enthusiastic recommendation is our best advertising. We will appreciate this important favor. Thank you.

RICHMOND CEDAR WORKS MFG. CORP.

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